

Kōwhai Programme

Support for whānau & carers

Navigating the system: Central Otago Community and Financial Resources

Supportive and Financial Resources available in Central Otago

Central Otago Community Hospice 03 473 6005
Care co-ordinator, counsellors, spiritual care worker,
social worker

Community Health Service

District Nursing 03 440 4300
Meals on Wheels (Dunstan Hospital) 03 440 4300
Equipment 03 440 4300
Wheels to Dunstan 03 443 7799

Needs Assessment & Service Coordination (NASC)

Care Coordination Centre (over 65) 03 470 9300
Whaikawa Disability Support 0800 566 601
AccessAbility 03 477 6211
Mental Health (under 65) Miramare 03 474 5552

Te Whata Ora

Carer Support 0800 855 066
National Travel Assistance 03 474 0999

Cancer Society 0800 226 237
www.cancernz.org.nz

MND Association

Kate Moulson – Sth Is Support Advisor 029 777 9944
southisfieldwork@mnda.org.nz

GP and PHO

Medical Alarms

St Johns (Central 03 477 7111) 0800 785 646
www.stjohn.org.nz/medical-alarms
NevaAlone (Personal Alarms) 0800 111 238
www.adtsecurity.co.nz/health-and-wellness/nevaalone/

Livingwell Disability Resource Centre 0800 115 891
<https://livingcentre.nz/>

Assistive equipment for sale and hire
Continence products at cost
Total Mobility Scheme Provider

Age Concern 03 448 7075

<https://ageconcernotago.com>
central@agedconcernotago.nz

Accredited visitor service, Total Mobility Assessment,
Elder Abuse Falls Prevention

Sweet Louise 0800 112 277

www.veteransaffairs.mil.nz 0800 483 8372
(Support for people with breast cancer)

Citizens Advice Bureau

www.cab.org.nz 03 488 7771
Confidential free information, advice, referrals. Have
specialty services that assist with consumer matters,
advocacy and JP availability.

Age Concern

Dunedin RSA Welfare Trust 04 448 7075
03 466 4888

welfare@dn-rsa.org.nz

Assistance to the service and ex-service community

Cromwell Community House

cromwellcommunityhouse@gmail.com 03 445 1690

Uruuruwhenua Health Inc

Advocacy & Support 03 448 8643
0800 878 087

General information

Mobility Assistance

- **Mobility Parking Permit**
CCS Disability Action 0800 227 2255
www.mobilityparking.org.nz
- **Total Mobility** – taxi vouchers available
via health support groups, e.g. Arthritis
Foundation, or referral direct to CCS
Disability Action
- **Community Networks Wanaka** 03 443 8634
www.communitynetworks.co.nz
- **Alexandra Community Advice Network**
alexcan@ach.org.nz 03 448 771

Finances

- Central Otago Budgeting Services
cobas@ach.org.nz 03 448 8012
- Alexandra Community House 03 440 0740

Meals – Home Delivery

- **Meals on Wheels** 03 440 4300
(Referral from Health Professional)
- **Eat.co.nz** 0800 328 333
Meal packs of 5-6 meals with soup
or dessert. Fresh and frozen options.
Varied menu – check prices.
- **BBquick meals** 03 453 1000
(Minimum 8 frozen meals)
info@bbcatering.co.nz
- **Food for Love (Wanaka)** 027 222 9230
(by nomination)
food@foodforlovewanaka.com

- **Pub Grub** 021 557 228
(ready-made gourmet meals & pies). Pick up or Delivery Queensberry, Cromwell, Luggate, Pisa Moorings, Wanaka (Alexa)
info@pubgrub.co.nz

NOTES:

Central Otago Council

Rates Rebate – you may be eligible if:

- Total household gross income is \$30,000, depending on the number of dependants and the amount of your rates. The recipient must be the property owner and live at the address.
- Couple with no dependants whose only income is NZ Superannuation

Funeral Directors

Affinity Funerals	03 448 8405
Central Otago Funerals	03 448 8642

Rest Homes

Alexandra Ranui	03 448 8280
Cromwell Ripponburn	03 445 0021
Wanaka Elmslea	03 443 7899
Ranfurly Maniototo Hospital	03 444 9420
Roxburgh Teviot Valley	03 446 9041
Aspiring Enliven	03 555 3010
Golden View Care Home	03 928 6015

Justice of the Peace (JP)

This is a free service. JP's are able to:

- Witness your signature on documents
- Certify copies of documents
- Administer an affidavit
- Complete a declaration

You can find a JP that is close to you via the Yellow Pages in the phone book (under: Justices of the Peace) or www.justiceofthepeace.org.nz

- Free legal appointments at Alexandra Community House on Mon 12:15-1:15pm
- Free Justice of the Peace (JP) Clinic at Alexandra Community House on Fri 12:30-1:30pm

Kiwi Saver

You are eligible to withdraw your savings when you turn 65. You can access your savings earlier if you have a serious illness. Contact your kiwi saver provider to gain your savings.

Life Insurance

Depending on your insurance provider and your policy agreement, you may be able to access your insurance funds on your diagnosis/prognosis.

