

Kowhai Programme Central Otago

Support for families, whānau & carers

Navigating the system: Community and financial resources

Supportive and Financial Resources available in Central Otago

Central Otago Community Hospice 03 445 0056

Family Support Team

Care co-ordinator, counsellors, spiritual care co-ordinator,
social worker, occupational therapist
Community Health Service

District Nursing 03 440 4303

03 443 8935

Meals on Wheels 03 440 4302

Equipment 03 440 4302

Dunstan Hospital 03 440 4300

Wheels to Dunstan 03 443 7799

Needs Assessment & Service Coordination (NASC)

Care Coordination Centre (over 65) 03 470 9300

Disability Support (under 65)

AccessAbility 03 477 6211

Mental Health (under 65) Miramare 03 474 5552

Cancer Society 0800 226 237

www.cancernz.org.nz

Otago Asthma Society (COPD) 03 471 6167

otagoasthma@xtra.co.nz

Heart Foundation NZ

Otago Branch 03 477 3999

www.heartfoundation.org.nz

MND Association

Kate Moulson – Sth Is Fieldworker 029 777 9944

southisfieldwork@mnda.org.nz

Ministry of Health 0800 281 222

Carer Support & National Travel Assistance

Working for Families

Programme information 0800 257 777

www.ird.govt.nz/familyassistance

Citizens Advice Bureau

www.cab.org.nz 03 488 7771

Confidential free information, advice, referrals. Have
specialty services that assist with consumer matters,
advocacy and JP availability.

Age Concern 04 448 7075

Dunedin RSA Welfare Trust 03 466 4888

welfare@dn-rsa.org.nz

Assistance to the service and ex-service community

St John 0800 785 646

www.stjohn.org.nz

Lifelink alarms 0800 50 23 23

enquiries@stjohn.org.nz

Caring caller 0800 780 780

Supporter scheme:

\$55 Individual, \$75 Joint, \$90 Household

Uruuruwhenua Health Inc 03 448 8643

0800 818 087

General information

Home Care Agencies

Healthcare NZ 03 448 6670

Access 03 445 0714

RDNZ NZ 03 976 7001

Penny's Home Care 03 443 1929

Mobility Assistance

- **Mobility Parking Permit** – parking assistance available
via CCS Disability Action (short term 3-12 months \$35;
long term 5 years \$50) ph. 0800 227 2255

www.MobilityParking.org.nz

- **Total Mobility** – taxi vouchers available via health
support groups, e.g. Arthritis Foundation, or referral
direct to CCS Disability Action

- **Driving Miss Daisy** 03 448
5135

– also accept mobility vouchers. 021 503 698

Community Networks Wanaka 03 443 8634

www.communitynetworks.co.nz

Budget Advisor

- Alexandra Community House 03 440 0740

Meals – Home Delivery

- **Meals on Wheels** 03 440 4302
Need a referral from GP or hospital, \$5.00

- **Eat.co.nz** 0800 328 333
Meal packs of 5-6 meals with soup or dessert.
Fresh and frozen options. Varied menu – check prices

- **BBquick meals** 03 453 1000
Eight pack of variety meals cost \$48.00 plus
\$11 delivery charge to Central Otago

Central Otago Council

Rates Rebate – you may be eligible if:

- Total household gross income is \$30,000, depending on the number of dependants and the amount of your rates. The recipient must be the property owner and live at the address.
- Couple with no dependants whose only income is NZ Superannuation

Funeral Directors

Affinity Funerals	03 448 8405
Central Otago Funerals	03 448 8642

Rest Homes

Alexandra Ranui	03 448 8280
Cromwell Ripponburn	03 445 0021
Wanaka Elmslea	03 443 7899
Ranfurly Maniototo Hospital	03 444 9420
Roxburgh Teviot Valley	03 446 9041
Aspiring Enliven	03 555 3010

Work and Income (WINZ) Benefits & Entitlements

Work and Income (WINZ) 0800 559 009

www.workandincome.govt.nz

NZ Superannuation	0800 552 002
Community Services Card	0800 999 999
DeafLink – Free Fax	0800 621 621

MSD_Deaf_Service@msd.govt.nz

- Text	029 286 7170
- Telephone Typewriter (TTY)	0800 111 113

Appointment of an agent

- Can be helpful to appoint an agent for someone who is unwell, to act on behalf and communicate with WINZ
- Forms obtainable on the WINZ website

Supported Living Payment

This benefit is for people who are severely restricted or unable to work on a long-term basis because of a health condition or disability, and for people who are caring for someone who needs significant care.

Health condition, injury or disability, people must be:

- Permanently and severely restricted in their ability to work because of a health condition, injury or disability. This means people:
- Have a condition affecting their capacity to work for more than two years, OR
- Have a life expectancy of less than two years AND
- Can't regularly work 15 hours or more a week in open employment
- Requires a medical certificate (from your GP)

Full-time carer, you need to be:

- Caring full time for someone at home who would otherwise be in residential or hospital level care
- The person must not be your husband, wife or partner
- Need medical information about the person you are caring for

Accommodation Supplement

- Income tested
- Available to people on a benefit or low incomes. Provides assistance with the expenses of rent mortgage, rates, insurance, etc.
- Not available if you are renting a Housing New Zealand home

Community Services Card

- Automatically given with benefits
- Income tested
- Cost reductions on:
 - Doctor's fees after hours
 - Visiting a doctor who is not your regular doctor
 - Prescription fees if you do not belong to a Primary Health Organisation
 - Glasses for children under 16
 - Emergency dental care provided by hospitals and approved dental contractors (ask the dental provider if they are an approved contractor)
 - Travel and accommodation for treatment at a public hospital outside your area when you have been referred (at least 80 km away for adults and 25 km for children)
 - Home help eligibility

Disability allowance

- Income tested
- WINZ will provide up to \$65.36 (as at April 2020) to cover expenses
- Disability duration of more than 6 months (medical certificate is required)
- Helps to cover GP fees, prescription costs, transport to the doctor, phone rental, medical alarms, lawns/gardening, home heating costs (power/gas/wood/coal), complementary medical treatments (chiropractor, osteopath, podiatrist, homeopathy, acupuncture), continence equipment, food and vets fees for guide dogs, printer ribbons & computer paper for the blind, hearing-aid batteries, day care for the elderly, special foods; rental equipment if not funded by the DHB or state-funded agency

Childcare Assistance

- Income tested (depends on number of children and your income level)

Childcare subsidy

- For children under 5 (or 6, if you receive a Child Disability Allowance)
- Able to subsidise up to 9 hours of child care per week, or in some cases up to 50 hours a week if working, training or ill
- Child must attend an eligible service for at least 3 days a week

Out of school care and recreation (OSCAR)

- Children aged 5-13 are entitled to an OSCAR subsidy, which covers care before and after school and during school holidays, to enable you to attend paid work or training

New Zealand Superannuation and Veteran's Pension

- For people over 65
- Under 65's can 'piggyback' on a partner's superannuation (income tested)
- Super gold card provides discounts from businesses, government concessions (free buses) and discounts from local council
- Veteran's pension provides a lump sum payment on death for both the veteran and the veteran's spouse
- Veteran's gold card which provides discounts as above and the same entitlements as a community services card

Change in living situation (for seniors)

- An ongoing extra payment on top of NZ Superannuation or Veteran's Pension, when you maintain a household on your own
- For qualifying partner whose partner is in long term residential care
- In some situations when you are not living on your own

Residential Care Subsidy

- Subsidises long term residential care for adults over 65, or 50-65 years if single with no dependents
- Requires a needs assessment and asset test

Special Disability Allowance

Can be paid if:

- You are getting a benefit or pension
- Your partner is receiving a residential care subsidy or has been in a hospital or rest home for more than 13 weeks (\$40.77 as at April 2020)

Funeral Grant

- Income and asset tested
- If you are a partner, spouse, child, parent or guardian of the deceased
- Arranging the funeral of someone with no spouse, partner or child
- Non-taxable lump sum payment that provides assistance towards funeral expenses (\$2,128.10 as at April 2020)

Hardship Assistance (WINZ)

Advance payment of benefit

- Are receiving a benefit
- Have an immediate and essential need

Recoverable Assistance Payment

- Income and asset tested
- Have urgent and necessary needs and no other way to meet these costs
- Needs to be repaid – can be paid off in instalments

Special Needs Grant

- As above
- May not have to be repaid
- May depend on how much you and your spouse or partner earn, and on any money or assets you and your spouse or partner have

Temporary Additional Support

- A weekly payment which helps someone who cannot meet their essential living costs from what they earn or from other sources

Other financial supports available

Needs Assessment & Service Coordination (NASC)

Support services for people with:

- A disability lasting longer than 6 months; or
- An ongoing personal health problem that is physical, sensory, intellectual, psychiatric, neurological, age related, or caused through injury

Palliative Care funding for residential or home-based care

- Funded by the Southern DHB
- Provides up to 6 months funding for home-based care, 6 weeks for residential care
- Full funding for residential care; limited funding for home-based care

Carer Support

- Funded by the Ministry of Health (HealthPac)
- Provides 28 days a year relief care – residential or home-based
- Contact GP or Hospice Social Worker

Care Plus

- For people enrolled in a PHO medical practice
- Have a significant chronic illness such as diabetes or heart disease, have acute medical or mental health needs, or a terminal illness
- Visit their GP often
- Services provided at a low or reduced cost

Palliative funding (GP)

- Free or reduced cost GP visits
- Funding for six months

High User Card (GP)

- Must have seen a GP 12 times within 12 months
- Gives you reduced GP and prescription charges just like a community services card but is not a family card
- Not income tested

Prescription Subsidy Card

(Pharmaceutical Subsidy Card)

- Available from your pharmacy – ask your chemist for a card to keep a record of prescription charges
- You are eligible for the card once you have paid for 20 new prescription medicine items from the 1st February each year
- If you live with a partner or any dependent children under 18, you can combine your items to reach this total. Tell your regular chemist the names of all the people in your family, and the ages of your children to help them keep track of how many items you have paid for

- If you go to a regular pharmacy, they will keep a prescription count for you and give you your card as soon as you reach 20 items. If you go to a different pharmacy from your usual one, or you go to a different pharmacy each time, keep your receipts. Take the receipts to your pharmacy once you have 20 items to gain your subsidy card

Travel Assistance (Hospital)

- Reimbursement for travel to hospital may be available
- Dependent on distance and number of trips

Working for Families Tax Credits (IRD)

Delivered by Work & Income and Inland Revenue; gives financial support to working families with dependent children aged 18 and under:

- Dependent on the number of children in the family and how much income earned

Justice of the Peace (JP)

This is a free service. JP's are able to:

- Witness your signature on documents
- Certify copies of documents
- Administer an affidavit
- Complete a declaration

You can find a JP that is close to you via the Yellow Pages in the phone book (under: Justices of the Peace) or www.justiceofthepeace.org.nz

Kiwi Saver

You are eligible to withdraw your savings when you turn 65. You can access your savings earlier if you have a serious illness. Contact your kiwi saver provider to gain your savings.

Life Insurance

Depending on your insurance provider and your policy agreement, you may be able to access your insurance funds on your diagnosis/prognosis.

NOTES:



Support for families, whānau & carers