

Hospice News

February 2017

Otago Community Hospice Newsletter

CEO Message

Happy New Year. I do hope that our summer newsletter finds you well and that you had a wonderful Christmas holiday period however you chose to observe it.

I continue to be humbled by the generosity of our community. In the lead up to Christmas we were blessed with multiple gifts of Christmas treats and donations from a variety of community groups, organisations, businesses and individuals. Dunedin North Rotary sold tickets for our annual trailer raffle and Dunedin South Rotary managed the Trees of Remembrance for us. Logistical challenges at The Golden Centre meant that the location required changing. Very special thanks to Nic Wild for offering us the space in front of Unichem Centre City Pharmacy. The Farmers Tree of Remembrance campaign was similarly a successful effort in the lead up to Christmas. Thank you to Store Managers Paul and Shelly and staff from Oamaru and Dunedin for their outstanding promotion of this campaign which has raised more than \$30,000 for our region.

In our August newsletter I shared with you our commitment to employ three Clinical Nurse Specialists to work alongside Aged Residential Care staff throughout Otago. I'm delighted to introduce Sally Fleming and Jo Mitchell who are covering Dunedin, North and South Otago. Louisa Ingham is covering the Central Otago region while continuing with her existing part-time Community Care Co-ordinator role.

We value feedback from our supporters and I was particularly encouraged to receive a letter from an active Hospice Op Shopper recently, who wrote how valuable it was to understand in what way her purchases contributed to our free specialist palliative care service. Inspired by these comments, the team has put together a fact sheet, which we now proudly display in our Hospice Shops – please see our back page.

On behalf of the Otago Community Hospice Team I can't thank you enough for your support.

Ginny



Dunedin Rotary North – Trailer Raffle



Dunedin Rotary South
Trees of Remembrance



Farmers – Tree of Remembrance



Introducing new staff

Sally Fleming

Clinical Nurse Specialist

I am so happy to have joined the Otago Community Hospice team and to be part of this amazing organisation. I commenced work at OCH in August this year in a new position which is focused on aged residential care. The aim is to work alongside the staff and management, assisting them to strengthen their capabilities in palliative care.

I am a Dunedin local, graduating from the Dunedin School of Nursing way back in 1983. I have spent almost my entire career providing nursing care and support to older people living in the aged residential care setting. My second area of interest is palliative care, so this new role just felt perfect for me. Away from work I have two grown children and an overweight chocolate Labrador. I enjoy travelling, getting out in the garden, walking and anything sporty.



Jo Mitchell

Clinical Nurse Specialist

I am delighted to be starting in this new role as Clinical Nurse Specialist, and have been working at Hospice since August 2016. I look forward to working with Sally and Louisa as we develop and implement this new service to Aged Residential Care Facilities throughout Otago.

I have been nursing for 28 years, most recently in nursing education of pre-registration and new graduate nursing. I have worked all my life in Dunedin, and have a husband, three children (youngest 18 years), a cat and a dog. One of my favourite things to do in my leisure time is to walk Ross Creek with the dog or with friends.



Bequest Programme – “The Monarch Club”

Have you made a Will?

Would you consider leaving a bequest to the Otago Community Hospice?

A bequest is a gift of money or property in a Will left to a specific person or organisation. This enables the gifting of property, cash or other assets from your estate to a designated organisation. When you leave a gift in your Will, you provide a critical source of funding for us to continue our important work, long into the future. Your generosity will be making a lasting gift to help those who need specialist palliative hospice care. In the past year over 400 people in the Otago region have needed specialist palliative care and support.

By letting the Otago Community Hospice know you have left a bequest means we can thank you personally and perhaps discuss how we might invest your future gift. You are also invited to join the Monarch Club, we meet twice a year for morning tea with a special guest speaker.

Leaving a bequest to the Otago Community Hospice guarantees you will continue to help improve the lives of patients and their families within your community.

You can feel confident your gift will be used to help a cause close to your heart.



The end of year Monarch Club morning tea was a great success, many thanks to Seán Brosnahan the History Curator at Toitu. Seán talked about creating the exhibits of the Dunedin Study and the process in getting the effect we see on exhibit. Seán was a dynamic speaker who captivated everyone present. Thanks also to Lloyd Maole from SBS Bank for sponsoring the morning tea.

Everything Golf...

Thank you to the McDonald family who collaborated with Silver Fern Farms and Cromwell Golf Course for the 2016 annual Silver Fern Golf Day in Cromwell in August. At hole 5 players guessed the total weight of the 'Snowline' ewes for a gold coin donation and Silver Ferns donated meat packs that were auctioned off in the club house - \$1000.00 was raised.



Keeping with the Golf theme, The Southern Trust Golf Tournament held in October at St Clair Golf Course raised \$37,000 (despite the weather not playing ball which required the event to be called off early). Pictured is Tessa from Marketing & Fundraising assisting 'Gully' with the auction.



Not to be outdone, our friends from Balmacewen Lions Club ran a Golf Tournament for us out on the Taieri at Twelve Oaks raising \$3,000. Taking a break from their game, pictured is the Ladies Hospice Team.



Hospice shops



There are hospice shops in seven locations around Otago that are brimming with clothes and housewares donated from our generous community. It's the combination of fashion and bargains, while supporting a good cause, which makes shopping at the hospice, feel so good. Thank you to everyone who generously donate goods so that we have a constant supply of clothing, electricals, furniture (large and small) and a variety of treasures to sell.

Our shops have a great selection for all the family. It's worth dropping in frequently to be in first to buy those gems.

Shops all around the region have loyal customers who often will do a road trip just for fun. End result being, a great time and with lots of bargains all at affordable prices!

LOCATIONS:

Dunedin
53 Bond Street, Dunedin
328 George Street, Dunedin

Mosgiel
178 - 182 Gordon Road, Mosgiel

Oamaru
217 Thames Street, Oamaru

Milton
77 Union Street, Milton

Cromwell
2A The Mall, Cromwell

Alexandra
53 Centennial Ave, Alexandra

Our Alexandra Shop celebrated their first birthday in December.

A big
THANK YOU
to Local Radio Central for
advertising sponsorship.



Hospice News

Wish List

Garden & petrol vouchers of any value

University Book Shop vouchers

Pure Essential Oils – lavender, marjoram, rosemary, clary sage, cypress and ginger

Donations of items for our shops – household appliances and furniture, any unused toiletries, bric-a-brac, smaller gift items

Chalk paint for our shops

Workshop vice

Batteries – all sizes

You can also donate food items directly to our kitchen:

Jellies/Jams/Spreads

Sugar

Flour

Packets of biscuits

Crackers

Grocery vouchers

Books for our library:

Things That Matter – stories of life and death
Dr David Galler

We're All Going to Die – a joyful book about death
Dr Leah Kaminsky

Doorways into Dying: Innovative teachings for the End of Life – Ingrid Rose and Kay Ryan

Let My Colors Out – Courtney Fillgenzi

Death's Summer Coat – Brandy Schillace

So where does your donation go?

We were recently asked by a Hospice shop customer how their purchase contributed to the cost of providing our services, so we put this fact sheet together...

Otago Community Hospice services are provided at no cost. Your purchase today has helped us to deliver:

A patient's meal in our inpatient unit

\$8

A telephone consultation to patients and families with one of our Community Care Coordinators

\$80

A weekly counselling session for a family member

\$125

A home visit to a patient from one of our Community Care Coordinators

\$140

A specialist doctor's visit to a patient's home

\$300

A bed in our inpatient unit for twelve hours

\$500

Otago Community Hospice turning second-hand goods into first-class care!

Visit us online at otagohospice.co.nz or
Follow us on Facebook:
[facebook.com/otagocommunityhospice](https://www.facebook.com/otagocommunityhospice)



Volunteers

Volunteers are such an important and fundamental part of the Otago Community Hospice team, there are so many ways your gift of time can help us. If you would like to find out more and get involved with the Hospice, we would love to hear from you. Here is a list of our upcoming Information sessions:

Tuesday 28 February: 5.30–7.00pm

Tuesday 14 March: 5.30–7.00pm

RSVP reception 473 6005 or
email reception@otagohospice.co.nz

In recognition of Heather Hore's service to the OCH we presented her with a Quest Voucher – accommodation for two nights at Quest Christchurch Cathedral Junction. Heather took the opportunity to tell us about her experience. "What was so special was staying at the Quest inner city location and the friendly and helpful staff. Everything was in walking distance; the accommodation included underground car parking and easy access to New Regent Streets where there are boutiques and cafes. This was one of the first streets to get up and running after the earthquakes". Quest are a national supporter of Hospices throughout NZ.



(L to R) Maureen Baty, Irene Vare, Alex Howie, Heather Hore